



“

“I encourage all you students of Salesian College to do whatever you can to make a real difference in your own life as a result of the education you get in your College and, after your graduation, take that flame along with you to your different destinations and become shining lights to everyone around you”

- Dr. George Kallingal
Professor Emeritus of Clinical Psychology at University of Guam (USA)
Alumni Sonada Campus

”

Dear Friends (Alumni),
As we come to the close of this year very soon, it is good to look into our lives, so that we can change for the better in every sphere. The best gift that God had given is our life. Now let me share an insight with you.



- Page 1

Fr. Dr. Mathew Pulingathil SDB
Rector

Workshop on 'Caring for the senior family members'

- Page 4

On 11th September 2016, the Salesian College Siliguri Alumni Association had organized a workshop on 'Caring for the senior family members' in the college campus. In today's world withering of joint family system has contributed immensely to the challenges faced by elder people.



More Inside ||| ➔



Dear Friends (Alumni),

As we come to the close of this year very soon, it is good to look into our lives, so that we can change for the better in every sphere. The best gift that God had given is our life. Now let me share an insight with you.

One day all the employees reached the office and saw a big advice written on the door.

"Yesterday the person who has been stopping your growth in this company passed away. You are invited to join the funeral!"

In the beginning they felt sad for the death of one of their colleagues, but after a while they got curious to know who was the man who stopped their growth.

Everyone thought: *"Well at least the man who stopped my progress died!"*

One by one the thrilled employees got closer to the coffin, and when they looked inside, they were speechless. They stood shocked in silence, as if someone had touched the deepest part of their soul. There was a mirror inside the coffin and everyone who looked inside could see himself/herself.

There was a sign next to the mirror that read:

"There is only one person who is capable to set limits to your growth...It is you. You are the only person who can influence your happiness, success and realization."

Your life does not change when your boss, friend or company changes...your life changes when you change...you go beyond your limiting beliefs and you realize you are the only one responsible for your life. It's the way you face life that makes the difference!

If an egg is broken from outside force...life ends but if it is broken from inside force life begins. Great things always begin from our inside.

Let great things happen for you and me. God bless you and keep you in His love and care. With my daily prayers for you and your dear ones,

Your Loving Father and Friend
Fr. Dr. Mathew Pulingathil SDB
Rector, Salesian College

Message from the Principal



Dear Friends

One more Season of Celebrations have passed us by. We mark the year through celebrations and by counting the occasions for celebration we have provided to others.

The event of bringing a cheer to the lives of kids from the neighbourhood organized on 2 October 2016 is indeed a landmark.

May the days we get to live also provide chances to smile and cheer to those whom we usually pass by and do not take notice.

Greetings of the Session

Fr. George Thadathil
Principal, Salesian College



George Kallingal

Professor Emeritus of Clinical Psychology at University of Guam (USA)
Alumni Sonada Campus

Note from Dr. George Kallingal

I was impressed by the devotion of the students and the Faculty of Salesian College and that is indeed what the motto of the College, "flamma ardens et lucens" expects from everyone in the College. The real mission of the College is not just to impart knowledge of facts. Knowledge is indeed needed, but knowledge is not given by the Faculty, nor is knowledge found in the text books. The inputs given in the text book and by the Faculty are just the raw materials. They need to be processed, converted and constructed into knowledge. Knowledge is cultivated by the learner, based on the raw materials given in the text books or given by the Professors. Knowledge is the product of processed information. Students do play a major role in converting the raw materials into the knowledge they acquire. Information given to a group of students may be the same, but the knowledge acquired by the different students may be different.

This is the goal of teaching, but real purpose of education is to provide opportunities for students to develop the functioning systems implanted in the essence of every human being. Human adaptation depends on the functioning of these systems. If, after many years of education, these systems do not function as expected, we must conclude that education failed to achieve its goal. Too many students become book-smart, but not very life-smart. Good education must make all students book-smart and life-smart. The mind (IQ), the heart (EQ), the spirit (SQ), the body (BQ), gender (GQ), personality (PyQ), etc., are some of the systems implanted in the essence of all human beings and they need to grow and mature in order for human beings to function efficaciously. When these systems are exercised regularly in the classroom, they grow and develop and they help individuals function efficaciously. The real mission of education is the growth and development of the functional systems of every individual and when individuals function consistent with the internal inputs given, communities develop and grow. Higher education must make this focus as part of its mission. Communities thrive when individuals develop their functional systems and they function as caring and responsible individuals.

The motto of Salesian College expects the Faculty and the students to do what is needed for every one of its graduates to become a burning flame and a shining flame. Burning is a cleansing process. All students, human as they are, bring with them many weaknesses and deficits. Their learning must help them to cleanse themselves, by getting rid of illogicalities, irrationalities, unproductive expressions of emotions, values not consistent with the core values of the nation and its different cultures, unhealthy proclivities, tendencies and impulses of the body, gender confusions, unhealthy personality traits, etc., etc. True learning must produce these outcomes. Then, the graduates will indeed become shining lights to other people; then, they can indeed claim that their education has helped them to light a candle when they were surrounded by darkness and gloom; then, they can also claim that they are indeed convinced that there is no sense in blaming darkness when they can light a candle to dispel darkness.

I encourage all you students of Salesian College to take these words of inspiration to heart and do whatever you can to make a real difference in your own life as a result of the education you get in your College and, after your graduation, take that flame along with you to your different destinations and become shining lights to everyone around you. I wish success in achieving this goal! Good luck to all of you!



Chanchal Agarwal
President
Salesian College, Alumni Association

Workshop on 'Caring for the senior family members'

On 11th September 2016, the Salesian College Siliguri Alumni Association had organized a workshop on 'Caring for the senior family members' in the college campus. In today's world withering of joint family system has contributed immensely to the challenges faced by elder people. Nowadays they are forced to live alone and are exposed to various kinds of problems such as lack of physical, social, emotional and financial support. This programme was a small effort of Salesian College Alumni Association and Salesian College to provide more effective provision for maintenance and welfare of parents and senior citizens.



Dr. Sanjay K. Nandi, BHMS were participants were explained the the Senior citizens in the family, and how they should be taken care. emotional problems that develop in doctors.

Dr. Somnath Datta, MD and the resource persons. The basic needs and importance for how they can help the family All common health and old age were discussed by the

There was an open interactive session concerning different health issues between Doctors and the participants. A health quiz was also organized for the participants.

Though the programme was specially targeted for the parents and guardians of the campus students it was also open for faculty and staff members.



It was a great as well as successful workshop organised by the team. The resource persons and Participants were very happy to be a part of it. The Doctors were presented with mementos by the Association.





Sonam Dorji
Teacher/ writer
Gelephu, Bhutan

Alumnus of Salesian College Sonada (2013 batch)

Teacher: The founder of society

As a teacher I experienced that there is not a single day when classes are being held without incidents and problems; such days are very few. The contemporary society, the prophetic policies and vigorous students always remind us that we, as teachers have to face challenges while playing our vital roles. We try to work hard in hope to achieve the most dynamic goal of making our students think that we are the very best at what we do. However, to reach perfection and fulfill our goal we have to sacrifice our own comforts. While satisfying others we neglect our own problems. While being surrounded with students, at times we also forget our family. We can compare ourselves to a machine yet we cannot also resist the pain we receive while attempting to give light of hope to our students; we try our best for their development. But still, if students don't make "expected progress" it is regarded as the fault of teachers and we are liable to be dismissed sometimes. Even when a student does something noxious we are answerable and society blames both.

There is no line drawn that separates the professional life and private life of a teacher. A teacher is regarded as a role model for a student's life. The very reason for this is the thought that the teacher possesses the remarkable power to make a child's life despondent or blissful. It is the teacher who can humiliate or humour, hurt or heal the students. And it completely depends on his dedication and feelings for the students. Student life is perhaps the most important stage in the development of their mind. Their mind at this stage is like clay. Clay is very soft and can be molded in many ways as an artisan wishes to make. But once the shape has been made, it cannot be changed. Similarly, once a teacher passes on his wisdom and forms the character of their students, it cannot be changed easily. That's why the teacher needs to be very cautious.

In the past days, teachers used to be highly regarded and revered for their service. It is also same today as they are the makers of tomorrow's youth. However, teaching seems to have a

low status these days; it is mostly taken up as a last option to make a living. But great names like Lord Buddha, Socrates, Jesus, and other came out as instance of great teachers showing that there is no limit of the power of a teacher.

A teacher's quality can't be measured in terms of his ability to finish the syllabus; a true teacher is the one who can create some impact in a student's life, can touch their lives forever and inspire them to grow as an admirable human being.

To cultivate quality education for a nation, teachers should be the third eye and a sort of panacea to begin with. Put differently, a nation needs special people to be teachers.

To conclude, I may be allowed to request teacher aspirants not to join this profession unless they love it as it has no promise of wealth and fame. And if they don't take keen interest in this job, they cannot give their heart to the profession. Education today needs devoted and compassionate human beings to guide our youth with qualities of humanness.



Br. V.D. Varkey SDB with St. Mother Teresa

TRIBUTE

Br. V.D. Varkey was one of the finest human beings that one has come across in life's journey. He was a Salesian lay brother who lived a very humble and simple life. His care, concern and goodness towards everyone was proverbial.

The photo depicting Br. Varkey with St. Mother Teresa is very significant. A declared Saint is having a conversation with an undeclared Saint.

- Fr. Mathew Pulingathil SDB
Rector Salesian College, Siliguri



Home – Rome

Fr. Patrick SDB, 2004 batch Alumni of Sonada campus
UPS, Rome.

It is said that when one door closes somewhere a window opens. As for me, I feel that all the doors have been opened. I never guessed that I would be coming to Rome so soon. 8th July 2016 remains as one of the memorable days of my life. I was preparing to venture out to the East but the West wind blew me away to the Eternal City.

It has been two months since we are here. At the very first opportunity we went to visit St. Peter's Basilica. The grandeur of the structure simply overwhelmed us. As we entered Square we remembered everyone who made our visit to this holy place possible. We listened to Pope Francis speaking to us. While thanking God for our dear parents, both I and Bro. Bijoy were missing our dear daddies as we have lost them few months ago. We wished that they were alive to see this day.

We were amazed to see both physical labour and spiritual power of the faithful people of Rome. The enormous amount of work and energy that they have put in cannot be measured by any means. St. Peter's Basilica stands as an evidence to their faith and work.

For us Salesians, Rome means a lot. Our religious mother house is located here. It is the city where

Don Bosco had built a beautiful basilica dedicated to the Sacred Heart of Jesus. It is recorded that during the blessing of this Basilica Don Bosco was shedding tears remembering God's hand leading him all along his life and mission and Mother Mary ever guiding all his endeavours. I was blessed to visit the room and office of Don Bosco. It was indeed a graceful experience. Pilgrimage to Don Bosco's birth place is still due.



Within a week of the arrival we joined Italian language programme. Some say it is the most beautiful language of the world. But let me say that it is very difficult language to learn. It is like eating



honey from the hive. Nothing comes to us free and easy. But nothing is impossible for the willing heart too.

Weekends have been wonderful for us. We have been given guided tour of the most famous places of Rome. We did start our visits from Piazza Venezia, where former ruler of Italy, Mussolini used to enchant people with his speech. Then we visited Colosseum, the colossal piece of wonder.

Every visit was full of new wonders. We visited all the major basilicas of Rome namely, Basilca of St. Mary Major, John Lateran, St. Paul from outside and St. Peter's. The magnificent churches embellishments and master pieces by great painters like Michael Angelo, Bernini, Raphael and their contemporaries made me realize how blessed they were with talents , we can only marvel at their creations.

The zenith of our visit was the Vatican Museum and Sistine Chapel. There is an Amazing collection of art and artefacts. Every piece of art was incredible.

Another lifetime experience for us in Rome is the opportunity of being present during the canonization of Mother Teresa as the St. Teresa of Kolkata.

How I really see Rome? **Rome is a book of history, a land of wars, a city of all nations, an abode of God, a power house of faith, a centre of attraction, a place of contradiction, a symbol of unity and peace, a place of consolation and confusion, a city with challenges and choices, the voice of conscience.** In Rome, you make your choice and bear its cost. It allows you to probe your own faith and reason. I can only welcome you all to this reality. [*Seeing is believing. But blessed are those who have not seen yet believe.*]

We have heard an adage “Rome is not built in a day”. True, it wasn't at all. I saw a description written on a small pillar in Italian. *Roma, Ti Fa Roma. It narrowly means that Rome, you make yourself Rome.* I believe that it was the spirit of Rome from the very beginning from rulers to the subjects to make Rome what it was and is now. Hence it wasn't built in a day at all.

I will conclude it here saying that we make our own destiny and nobody can alter it. Believe it or not, your choice.....

Oh....why am I here?

I am here to study -Youth Pastoral for two years.



From the Campus

198th GB Meeting of the College was held in the Conference hall of Siliguri Campus on 30 September 2016 with all the members present and presided by the President of the Founder Body, Fr Dr Nirmol Gomes sdb. Dr Ratnabali Banerjee, former Joint Secretary, UGC ERO, joined the Board as Educational Expert.

On 5th September 2016, Salesian College Siliguri and Sonada campus observed commemoration of the Sainthood of Mother Teresa, the International Charity Day and the Teacher's Day. At Sonada campus, the Celebrations began with a prayer service in honour of Mother Teresa led by the AICUF and Jesus Youth of the College ending with a memorable video clip. On the same day the Jubilarian, Mr



Robert Lepcha was felicitated for his 25 years of dedicated service to the Institution as a Librarian (1990-2001) and as Office Secretary (1990-2016).



Salesian College Siliguri, Dept. of Commerce organized Consenzo on 10 September, 2016, a commerce fest on extremist ideologies.



Salesian college Siliguri in collaboration with Passionate Performers, organized a three days Theatre Workshop from 16th to 18th September, titled "From Page to Stage". Professor Amitabha Kanjilal, Professor of Siliguri College was the Resource person.



Salesian college Siliguri, organized a Lecture on Online Marketing by Dr. Debashish Bhattacharya, Dept of Commerce, North Bengal University on 17 September, 2016 in the college campus.

Salesian College Siliguri in collaboration with United Board for Christian Higher Education in Asia, USA organised a workshop on Solid Waste Management on 8 September, 2016 in the college campus. The aim of the workshop was to conscientize people about the importance of waste management and processes of segregating the household waste. Mr. Roshan Rai from DLR Prerna of Darjeeling and Mr. Shankar Majumder from Himalayan Nature and Adventure Foundation, Siliguri were the resource persons. From Jyotinagar area of Siliguri representatives of all the schools and members from different households joined the workshop.



Contact :

Priyamrita Chatterjee, Alumni Coordinator
email: Priyamitrac@gmail.com | Ph.: 76799 24752

Congratulations



Sukman Subba , alumni of Salesian College Sonada (2010 batch) is blessed with baby girl on 14 September 2016 . Heartfelt congratulations for him and his family.